



SCARBOROUGH
CENTRE FOR
HEALTHY
COMMUNITIES

Newsletter

OCTOBER 2026

**Embracing a
season of growth
and connection**

Read the full report.

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LETTER TO READERS **OCTOBER 2026**

As the autumn leaves begin to turn, we often find ourselves reflecting on the true meaning of Thanksgiving. More than just a long weekend for gatherings with loved ones and great food, it is a special moment to take a pause from our busy routines and count our blessings.

For SCHC, of course, our greatest blessing is our people – community members who entrust us with the responsibility to support their health and social needs; donors and volunteers who selflessly contribute invaluable support; our staff whose dedication allows us to grow our impact.

In this newsletter, you'll learn about our recent Ignite Horizons gala and how it highlighted the programs SCHC offers for children and youth. We also strived to raise the community's social and health awareness through collaboration in different successful events. Please have a look at the impact you have helped create and what is coming up next.



VISION

Ignite the strength
of community!

MISSION

Providing accessible,
equitable and
transformational health
and social service choices,
for the well-being of
diverse communities.

VALUES

I2CARE
Inclusive
Innovation
Collaboration
Accessibility
Respect
Equity



INCLUSIVE



TAKE BACK THE NIGHT

SCHC's Community Wellness and Engagement team hosted its third annual Take Back the Night - Female Safety Walk, an empowering community event that created a safer, more supportive, and inclusive space for female-identifying individuals to come together, connect with one another, and experience the beauty and tranquility of our neighbourhood after dark.



INNOVATION



Ignite Horizons Fundraising Gala

The Ignite Horizons Gala brought together youth leaders, community partners, and supporters for an inspiring evening dedicated to empowering young people in our communities. The Silent Auction energized the room and raised vital funds to support programs that create opportunities for youth to learn, lead, and thrive. We extend our heartfelt thanks to our Presenting Sponsor, Prime Healthcare Personnel, for their generous support and commitment to building healthier, stronger communities. Together, we are advancing well-being, strengthening connections, and creating positive change across our communities.



[View photos here.](#)

WAYV and GLO Summer Camps

This summer, SCHC's Working Against Youth Violence (WAYV) program delivered the WAYV Youth Camp and GLO Children's Camp, bringing together staff and youth volunteers to create engaging learning experiences. From July 14 to August 20, participants took part in workshops, cooking sessions, recreational programming, and community outings. These experiences encouraged participants to build new skills, develop meaningful friendships, and create lasting memories in a safe and supportive environment. Thank you to everyone who helped make this year's summer programs such a rewarding and successful experience.



COLLABORATION



Community Health Fair at Scarborough Civic Centre

On September 12, more than 20 partner organizations, including SCHC, came together for a Community Health Fair. The event offered a variety of free services and activities, including health screenings, routine vaccinations, health information booths, live performances, henna, face painting, giveaways and more.



ACCESSIBILITY



Flu Season is here! Wash your hands regularly, cover your coughs and sneezes, and stay home when you're feeling unwell to help prevent the spread of illness.

Getting your flu shot is a simple step you can take to help protect yourself and your community. **Book an appointment at one of our clinics today!**

SCHC EXPANDS PRIMARY CARE SERVICES WITH TWO NEW CLINICS



Bridlewood Mall Clinic



Shepherd Village Clinic



In response to the profound need for accessible primary care in Scarborough, and guided by community consultations, SCHC has opened two new clinics to the public – at Bridlewood Mall (Warden and Finch) and Shepherd Village (Kennedy and Sheppard). Medical services, counselling support and specialized services including physiotherapy and harm reduction are being offered. To register, please contact our Intake team at 416.847.4134 / intake@schcontario.ca.



RESPECT



Toronto Police Services - Community Member Award

I'm truly honoured to receive this recognition and represent SCHC in our community. Through our partnerships with 43 Division, ProAction Cops & Kids, and community leaders, we help youth build positive connections, support families, and promote safety. I'm grateful to be part of SCHC's commitment to stronger, healthier communities.

- Arielle

New Blog Article

Disagreements are a natural part of family life. In our latest **Family Wellbeing** feature, Mohammad Azar, Educator and Parenting Coach, shares how understanding, open communication and respect can help turn generational differences into opportunities for connection.

This is **Respect in action**, listening to one another, valuing different perspectives and creating space for every voice to be heard.



READ MORE 

12,000+

hot meals provided

750+

families served weekly



EQUITY

As we head into the colder months, SCHC is preparing to launch our annual holiday campaign, **A Gift to Remember**. We're seeing a growing need for food support, with more families needing support in our community. Your help can make a meaningful difference this holiday season. Stay tuned for more information on how you can get involved and help us spread the holiday cheer!



SAVE THE DATE

- Nov 12** Toronto Zoo Vaccine Clinic
- Nov 14** GSM Food Distribution Program
- Nov 16** Diabetes Awareness Month



THANK YOU FOR READING!

October 2026



DONATE

Help provide accessible, equitable and transformational health and social services for our community.

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