

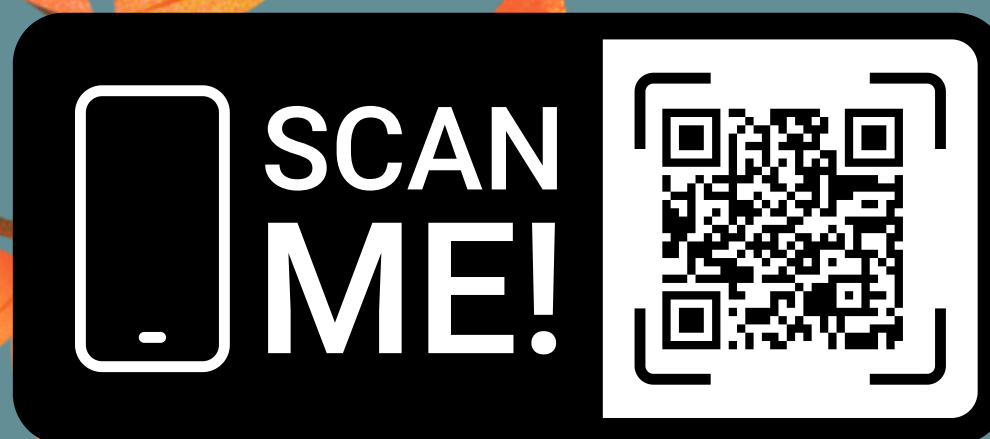
FALL 2026



@SCHCEarlyON

SCHC EARLYON

CHILD AND FAMILY CENTRE



Centre Registration:

<https://forms.office.com/r/E0DEJKcCga>



416-847-4150



earlyon@schcontario.ca



EARLYON WEBPAGE



4110 Lawrence Avenue East



SCARBOROUGH
CENTRE FOR
HEALTHY
COMMUNITIES

www.schcontario.ca

EarlyON

Child and Family Centre

M	T	W	TH	F	S
 Centre Registration https://forms.office.com/r/E0DEJKcGga			1 DROP-IN (I) 9:30AM - 3:30PM	2 DROP-IN (I) 9:30AM - 12:00PM FAMILY FUN NIGHT CAREGIVER AND ME PAINT NIGHT (I) 4:00PM - 6:00PM	
5 DROP-IN (I) 9:30AM - 3:30PM EVERY CHILD BELONGS (I): MEET & GREET 10:30AM - 12:30PM	6 DROP-IN (I) 9:30AM - 3:30PM DROP-IN 1 ON 1 COUNSELLING (I) 1:00PM - 4:30PM	7 DROP-IN (I) 9:30AM - 3:30PM INFANT ZONE (I) 10:30AM - 12:30PM	8 DROP-IN (I) 9:30AM - 3:30PM	9 DROP-IN (I) 9:30AM - 12:00PM FAMILY FUN NIGHT GIVING THANKS (I) 4:00PM - 6:00PM	
12 CENTRE CLOSED THANKSGIVING DAY	13 DROP-IN (I) 9:30AM - 3:30PM DROP-IN 1 ON 1 COUNSELLING (I) 1:00PM - 4:30PM	14 DROP-IN (I) 9:30AM - 3:30PM TPH NURSE VISIT: INFANT FEEDING (I) 11:30AM - 12:30PM INFANT ZONE (I) 10:30AM - 12:30PM	15 DROP-IN (I) 9:30AM - 3:30PM *RPP (O) @WILLOW PARK JPS 4:30PM - 6:30PM	16 DROP-IN (I) 9:30AM - 12:00PM FAMILY FUN NIGHT FAMILY MOVIE & POPCORN NIGHT (I) 4:00PM - 6:00PM	
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FEW DAYS TO COMMEMORATE:



- **OCTOBER 10:** WORLD MENTAL HEALTH DAY
- **OCTOBER 12:** THANKSGIVING DAY

UMQJA is a drop-in gathering created by Black families for Black families. Led by a Black Social Worker and Educator. Enjoy intentional activities, peer support, culture, and empowerment as we emphasize belonging. Allies are welcome

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9 CENTRE CLOSED PROFESSIONAL DEVELOPMENT	10 DROP-IN (I) 9:30AM - 3:30PM DROP-IN 1 ON 1 COUNSELLING (I) 1:00PM - 4:30PM	11 DROP-IN (I) 9:30AM - 3:30PM INFANT ZONE (I) 10:30AM - 12:30PM	12 DROP-IN (I) 9:30AM - 3:30PM *RPP (O) @WILLOW PARK JPS 4:30PM - 6:30PM	13 DROP-IN (I) 9:30AM - 12:00PM TPH NURSE VISIT (I): GROWTH & DEVELOPMENT 10:30AM - 12:00PM FAMILY FUN NIGHT REMEMBRANCE DAY (I) 4:00PM - 6:00PM	• NOVEMBER 11: REMEMBRANCE DAY
16 DROP-IN (I) 9:30AM - 3:30PM UMQJA SOCIAL (I) 3:30PM - 5:30PM	17 DROP-IN (I) 9:30AM - 3:30PM DROP-IN 1 ON 1 COUNSELLING (I) 1:00PM - 4:30PM	18 DROP-IN (I) 9:30AM - 3:30PM TPH NURSE VISIT (I): IMMUNIZATION 11:30AM - 1:00PM INFANT ZONE (I) 10:30AM - 12:30PM	19 DROP-IN (I) 9:30AM - 3:30PM *RPP (O) @WILLOW PARK JPS 4:30PM - 6:30PM	20 DROP-IN (I) 9:30AM - 12:00PM FAMILY FUN NIGHT PIZZA NIGHT (I) 4:00PM - 6:00PM	
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UMOJA

SOCIAL



UMOJA (UNITY) SOCIAL

is an **after-school** drop-in program created by Black families, for Black families. Allies are welcome! Enjoy a **FREE** light meal or snack, culture, peer support, and empowerment in a welcoming space where belonging is at the heart of everything we do. TTC one-way vouchers are available.



ACTIVITIES

- Arts and Crafts Activities
- Parent Workshops
- Guest Speakers
- Cultural Baking



WHERE:

4110 Lawrence Ave East,
Program Room, Main floor
Scarborough, On
M1E 2S1



WHEN: Starts October 19TH -
December 28ST, 2026
Mondays, Weekly

OCTOBER 19th, 26th | 3:30PM
-5:30PM

NOVEMBER 2nd, 16th, 23rd, 30th |
3:30PM - 5:30PM

NO SESSION: NOVEMBER 9TH

DECEMBER 7th, 14th, 21st, 28th |
3:30PM - 5:30PM

NO SESSION: DECEMBER 28TH

For more information, contact us at earlyon@schcontario.ca OR Call | Whatsapp | Message Kimisha 416-427-6781



SCARBOROUGH
CENTRE FOR
HEALTHY
COMMUNITIES

EarlyON
Child and Family Centre



Talk it Through

is a **FREE** drop in program to connect one-on-one with a Master of Social Work (MSW) counsellor in a warm, welcoming, and supportive environment.

Free Black Centric counselling is also available to support parents and caregivers to discuss challenges, explore concerns, or receive emotional support.

No appointment needed. Just drop-in Virtual appointments are available.

4110 Lawrence Ave East, Scarborough ON

**STARTS OCTOBER 6TH - DECEMBER 29TH, 2026
TUESDAYS, WEEKLY**

OCTOBER: 6TH , 10TH , 17TH , 24TH

NOVEMBER: 3RD , 10TH , 17TH , 24TH

DECEMBER: 1ST , 8TH , 15TH , 22ND , 29TH

Anytime Between 1:00 pm - 4:30 pm

For more information, contact us at:

647-564-9953 or 416-847-4150

www.earlyonschcontario.ca | takinmolayan@schcontario.ca

www.schcontario.ca



Registration:

<https://forms.cloud.microsoft>

SCHC EarlyON: Parent Education Sessions

Fall 2026 Schedule

Wednesday, October
14th

11:30am to 12:30pm

Topic: Infant Feeding



Thursday, October
29th

11:30am to 12:30pm

Topic: Health and Wellness



Wednesday,
November 4th

11:30am to 12:30pm

Topic: Food & Mood

*Good Food
Good Mood*

Friday, November
13th

10:30am to 12:00pm

Topic: Growth & Development



Wednesday,
November 25th

11:30am to 12:30pm

Topic: Immunization



Friday, December
11th

10:30am to 12:00pm

Topic: Routines



Monday, December
21st

11:30am to 12:30pm

Topic: Child Safety



NO REGISTRATION REQUIRED, DROP-IN
LOCATION:

4110 LAWRENCE AVENUE EAST, MAIN FLOOR

For more information, contact us at earlyon@schcontario.ca OR Call | 416-454-5547



Kids Experience Stress, Too

This workshop explores “Child Size” stress. Parents will learn how stress affects children; recognize signs of stress in their children and learn a variety of strategies and techniques to teach their children how to relax and ‘de-stress.’

 **Location: 4110 Lawrence Ave East**

 **Time: 11:30am to 12:30pm**

 **Date: Monday, November 30th**

*Register
Now!*



SCAN HERE



join in-person and enter into a chance to win a \$25 gift card.

For more information, contact us at earlyon@schcontario.ca OR Call | 416-454-5547



SCARBOROUGH
CENTRE FOR
HEALTHY
COMMUNITIES

READING PARTNERSHIP FOR PARENTS

FOR CAREGIVERS & KIDS (AGES 4-6)

A **FREE** 10-lesson early literacy program that guides caregivers through a play-based, evidence-informed approach to teach their children to read.

Program Dates

**Sessions run from October 15th –
December 17th**

IN-PERSON

Thursdays | 4:30PM – 6:30PM

Willow Park Junior Public School
45 Windover Dr, Scarborough

**Scan the QR code to
apply today!**



Questions? Email us
at earlyon@schcontario.ca
or call **(647)-613-2646**