



Grief & Bereavement Program presents:



The Empty Chair: Navigating Parental & Sibling Grief

Losing a parent or sibling leaves a deep, lasting impact. Our support group offers a caring environment where individuals can share their grief, find understanding, and connect with others who are experiencing similar loss.

Join us for comfort, strength, and healing as we navigate this difficult journey together. You don't have to face this alone.

This is a virtual closed peer support group that requires a 6 consecutive week commitment.

**Every Thursday
February 6, 13, 20, 27, 2025
via ZOOM from 6:00—7:30**

NO FEE FOR SERVICE
Registration Required
New clients must be assessed prior to enrolment.

**Please contact: Grief & Bereavement Care Coordinator
at 416-642-9445 Ext:4420**