

SCHCEARLYON CHILD AND FAMILY CENTRE



Centre Registration: https://forms.office.com/r/E0DEJKcCga

Phone: 416-847-4150

Email: earlyon@schcontario.ca









Welcome! Our SCHC EarlyON Centre provides programs for families & caregivers with their children 0 - 6. Caregivers must remain onsite & involved in programming. All are welcome.

(*) means requires pre-registration.

HOURS OF OPERATION: MONDAYS - THURSDAYS:

9:30AM-12PM & 2PM-4:30PM

FRIDAYS:

9:30AM-12PM & 2PM-6:00PM

Centre Registration

LEGEND:

- (V) = VIRTUAL (ZOOM) Click link on program
- (I) = IN-PERSON/ONSITE
- (O) = OUTDOOR/ONSITE

OE (OUTDOOR EXPLORE): Explore nature, gardening & participate in physical literacy experiences.

IZ (INFANT ZONE): Children engage in activities to enhance peer interaction and secure attachment. All ages 0-6 welcome.

PL (PLAY & LEARN):

Play-based drop-in program providing learning opportunities & experiences.

PF (PRESCHOOL FUN): Engage in play-based learning to increase structure in a classroom setting. Child-relief offered 2+, siblings & children 0-6 welcome.

S (STORYTELLERS):

Introduce early literacy skills and engage in a variety of story-time opportunities.

M&M (MUSIC & MOVEMENT):

Participate songs, rhythm, and movement with expression & arts *STEAM CLUB (V):

Fun with numbers, math and science in activities such as song, rhyme and literacy. For ages 2-6.

FFN: (FAMILY FUN NIGHT): Weekly themes such as Bingo, Lego Challenges and Board Game Night. Light dinner provided. Siblings welcome.

*HEWS (HEALTHY EATING WELLNESS SERIES): Focuses on healthy eating strategies for children and their caregivers, evidence-based, topics such as positive eating, nutritional facts. By SCHC Registered Dietician & Healt **Promotion Specialist.**

*RPBP (READING PARTNERSHIP PROGRAM FOR BLACK PARENTS): Equips parents with skills to teach the fundamentals of reading to their children 4-6. Registration required.

*10N1 (SUPPORT CONSULTATIONS):

Support with referrals to community services and resources.

By appointment.

earlyon@schcontario.ca

4110 Lawrence Avenue East

416-847-4153 416-847-4150 www.schcontario.ca

APRIL 2024

	M	T	W		F	S
	*STEAM CLUB (V) 4:30PM - 5:00PM	PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM	1Z (I) 9:30AM - 12:00PM	PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 4:30PM *TI (V) 4:30PM - 5:00PM	*SAAAC LUNCH & LEARN (I) 11:00AM - 1:00PM FFN: EASTER EGG HUNT (I) 4PM - 6PM	
	*STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	10 IZ (I) 9:30AM - 12:00PM	PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 4:30PM	FFN: SPRING ART (I) 4PM - 6PM	
ı	*STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	IZ (I) 9:30AM - 12:00PM TPH: ASK A NURSE SESSION	PF (I) 9:30AM - 12:00PM *HEWS (V) 10:30AM - 11:30AM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	FFN: TELEPHONE GAME(I) 4PM - 6PM	THE KGO COMMUNITY CLEAN UP DAY (I) MEET US AT EAST SCARBOROUGH STOREFRONT, 4040 LAWRENCE AVE EAST 10:00AM - 12:00PM
n alth	*STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	1Z (I) 9:30AM - 12:00PM	PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	FFN: MOVIE NIGHT (I) 4PM - 6PM	
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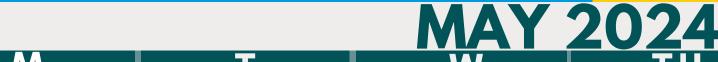
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	*RPBP (V) 5:30PM - 7:00PM	PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	IZ (I) 9:30AM - 12:00PM SCHC NURSE: INFECTION AND PREVENTION OF ILLNESSES	PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	FFN: DANCE PARTY (I) 4PM - 6PM	
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1	24	PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM	26 IZ (I) 9:30AM - 12:00PM	PF (I) 9:30AM - 12:00PM HEWS (V) 10:30AM - 11:30AM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	FFN: MOVIE NIGHT (I) 4PM - 6PM





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SCARBOROUGH CENTRE FOR HEALTHY COMMUNITIES

READING PARTNERSHIP

FOR BLACK PARENTS

FOR CAREGIVERS & KIDS (AGES 4-6)

A FREE **evidence-based** early literacy program that guides caregivers through a **play-based** approach of teaching their children to read.

JOIN US FOR OUR NEXT SESSION THIS SPRING

ONLINE

Mondays | 5:30PM April 8 - June 17

IN-PERSON

Tuesdays | 5:30PM April 11 - June 13 Willow Park IPS - 45 Windover Dr



SCAN TO APPLY BY MARCH 25, 2024



For more information, contact us at earlyon@schcontario.ca or call

Kimisha

Antoinette 647-564-9953 Kimisha 647-613-2646

SCHC EarlyON: Parent Education Sessions

Spring 2024 Schedule



Friday, April 5

Topic: Info Session - Mobile Developmental Clinic

:30PM to 2:30PM

SAAAC Autism Centre



Wed., April 17

Topic: Drop In - Ask a Nurse

IOAM to 11:30AM

Toronto Public Health, RN



Wed., May 15

Topic: Infection and Prevention of Illnesses

OAM to 11:30AM

SCHC Community Health Centre Nurse



Wed., May 22

Topic: Stress Management Strategies

10AM to 11:30AM

SCHC Social Worker Student



Wed., May 29

Topic: Infant & Child Safety

10AM to 11:30AM

Toronto Public Health. RN



Thurs., June 20

Topic: Managing Stress in Parents

10AM to 11:30AM

Toronto Public Health. RN



No registration required, drop-in

Location:

4110 Lawrence Avenue East, Main Flooi

For more information:



416-847-4150



earlyon@schcontario.ca













LUNCH & LEARN INFORMATION SESSION

Mobile Developmental Outreach Clinic (M-DOC)

About The Program

Are you concerned that your child might be delayed in hitting developmental milestones typical for their age, such as speaking, walking, or socializing?

Development encompasses all the ways your child grows and changes — from learning new skills to expressing emotions and socializing with others.

Our M-DOC Team is here to support you and your child through this journey. We offer dedicated resources and guidance to help you understand and nurture your child's development, ensuring they have the best foundation for a bright future. If you're worried about any aspect of your child's growth, we're here to help.



FRIDAY, APRIL 5TH, 2024



11:00AM - 1:00PM



4110 LAWRENCE AVENUE EAST



REGISTER:

HTTPS://FORMS.OFFICE.C
OM/R/VVKTZWWDXI





416 - 427 - 6781



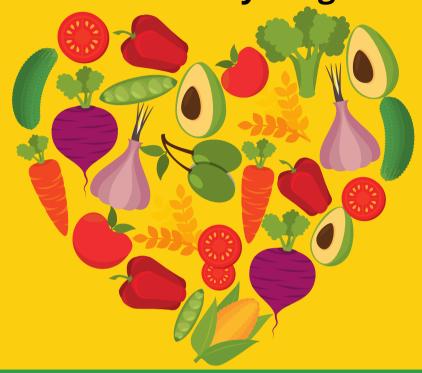
earlyon@schcontario.ca





HEWS 2024 (HEALTHY EATING WELLNESS SERIES)

For families with young children



Join us to explore healthy eating choices with fun, culturally relevant recipes, and nutritional facts by a Registered Dietician and Health Promotion Specialist.

MONTHLY, HYBRID SCHEDULE

WHERE:ONLINE, ZOOM

DATES: APRIL 18, JUNE 27

TIME: 10:30AM - 11:30AM

https://zoom.us/j/5043712076?

pwd=di9RWi9aZWRXWW5tcnUyMmlJYm

0wZz09

WHERE:4110 LAWRENCE

AVE EAST, IN-PERSON

DATE: MAY 31

TIME: 4:00PM - 5:00PM

MORE DATES TO COME IN SEPTEMBER!

For more information:

earlyon@schcontario.ca | 416-847-4150





SCARBOROUGH CENTRE FOR HEALTHY COMMUNITIES







Starting Feb 26th to April 29, 2024

Time: 4:30pm - 5:00pm

Location: Online (Zoom)

* USE OF SMART DEVICE OR COMPUTER TO JOIN

To register and for more information:

earlyon@schcontario.ca | 416-454-5547 | 416-847-4150











SCHC'S EARLYON CHILD & FAMILY CENTRE

PRESCHOOL FUN

ENROLLMENT

FOR CHILDREN AGES 2 - 4

WHY US?

Our experienced registered early childhood educators and engaging curriculum offer children the opportunity to learn and grow in a safe, structured nurturing environment. Parents and Caregivers will be involved in parent discussions and education sessions in a separate space to provide independence for their child.









Developmentally appropriate curriculum

Child-minding



THURSDAYS APRIL 4 - JUNE 29, 2024



9:30AM - 12:00PM



4110 LAWRENCE AVENUE EAST, MAIN **FLOOR**

ENROLL NOW

416-847-4150



earlyon@schcontario.ca





SCARBOROUGH CENTRE FOR COMMUNITIES



