

SPRING 2024



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# SCHC EARLYON

## CHILD AND FAMILY CENTRE



Centre Registration: <https://forms.office.com/r/E0DEJKcCga>

Phone: 416-847-4150

Email: [earlyon@schcontario.ca](mailto:earlyon@schcontario.ca)



SCARBOROUGH  
CENTRE FOR  
HEALTHY  
COMMUNITIES

4110 Lawrence Avenue East

[www.schcontario.ca](http://www.schcontario.ca)



Child and Family Centre

M	T	W	TH	F	S
1 *STEAM CLUB (V) 4:30PM - 5:00PM	2 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM	3 IZ (I) 9:30AM - 12:00PM	4 PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 4:30PM *TI (V) 4:30PM - 5:00PM	5 *SAAAC LUNCH & LEARN (I) 11:00AM - 1:00PM FFN: EASTER EGG HUNT (I) 4PM - 6PM	
8 *STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	9 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	10 IZ (I) 9:30AM - 12:00PM	11 PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 4:30PM	12 FFN: SPRING ART (I) 4PM - 6PM	
15 *STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	16 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	17 IZ (I) 9:30AM - 12:00PM TPH: ASK A NURSE SESSION	18 PF (I) 9:30AM - 12:00PM *HEWS (V) 10:30AM - 11:30AM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	19 FFN: TELEPHONE GAME(I) 4PM - 6PM	20 THE KGO COMMUNITY CLEAN UP DAY (I) MEET US AT EAST SCARBOROUGH STOREFRONT, 4040 LAWRENCE AVE EAST 10:00AM - 12:00PM
22 *STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	23 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	24 IZ (I) 9:30AM - 12:00PM	25 PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	26 FFN: MOVIE NIGHT (I) 4PM - 6PM	
29 *STEAM CLUB (V) 4:30PM - 5:00PM *RPBP (V) 5:30PM - 7:00PM	30 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM				

Welcome! Our SCHC EarlyON Centre provides programs for families & caregivers with their children 0 - 6. Caregivers must remain onsite & involved in programming. All are welcome.  
(\* ) means requires pre-registration.

**HOURS OF OPERATION:**  
MONDAYS - THURSDAYS:  
9:30AM-12PM & 2PM-4:30PM

FRIDAYS:  
9:30AM-12PM & 2PM- 6:00PM

Centre  
Registration



**LEGEND:**  
(V) = VIRTUAL (ZOOM) Click link on program  
(I) = IN-PERSON/ONSITE  
(O) = OUTDOOR/ONSITE

**OE (OUTDOOR EXPLORE):** Explore nature, gardening & participate in physical literacy experiences.

**IZ (INFANT ZONE):** Children engage in activities to enhance peer interaction and secure attachment. All ages 0-6 welcome.

**PL (PLAY & LEARN):**  
Play-based drop-in program providing learning opportunities & experiences.

**PF (PRESCHOOL FUN):** Engage in play-based learning to increase structure in a classroom setting. Child-relief offered 2+, siblings & children 0-6 welcome.

**S (STORYTELLERS):**  
Introduce early literacy skills and engage in a variety of story-time opportunities.

**M&M (MUSIC & MOVEMENT):**  
Participate songs, rhythm, and movement with expression & arts

**\*STEAM CLUB (V):**  
Fun with numbers, math and science in activities such as song, rhyme and literacy. For ages 2-6.

**FFN: (FAMILY FUN NIGHT):** Weekly themes such as Bingo, Lego Challenges and Board Game Night. Light dinner provided. Siblings welcome.

**\*HEWS (HEALTHY EATING WELLNESS SERIES):** Focuses on healthy eating strategies for children and their caregivers, evidence-based, topics such as positive eating, nutritional facts. By SCHC Registered Dietician & Health Promotion Specialist.

**\*RPBP (READING PARTNERSHIP PROGRAM FOR BLACK PARENTS):** Equips parents with skills to teach the fundamentals of reading to their children 4-6. Registration required.

**\*1ON1 (SUPPORT CONSULTATIONS):**  
Support with referrals to community services and resources.

By appointment. earlyon@schcontario.ca  
4110 Lawrence Avenue East

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13 *RPBP (V) 5:30PM - 7:00PM	14 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	15 IZ (I) 9:30AM - 12:00PM SCHC NURSE: INFECTION AND PREVENTION OF ILLNESSES	16 PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	17 FFN: DANCE PARTY (I) 4PM - 6PM	
20 CENTRE CLOSED FOR VICTORIA DAY	21 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	22 IZ (I) 9:30AM - 12:00PM SCHC: STRESS MANAGEMENT STRATEGIES	23 PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	24 FFN: SHOW & TELL (I) 4PM - 6PM	
27 *RPBP (V) 5:30PM - 7:00PM	28 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM *RPBP (I) AT WILLOW PARK JPS 5:30PM - 7:00PM	29 IZ (I) 9:30AM - 12:00PM TPH: INFANT & CHILD SAFETY	30 PF (I) 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	31 HEWS (I) 4:30PM - 5:00PM FFN: MOVIE NIGHT (I) 4PM - 6PM	



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24	25 PL (I) 9:30AM - 12:00PM S (I) 2:00PM - 3:00PM M&M (I) 3:00PM - 4:30PM	26 IZ (I) 9:30AM - 12:00PM	27 PF (I) 9:30AM - 12:00PM HEWS (V) 10:30AM - 11:30AM PL (I) 2:00PM - 3:30PM OE (O) 3:30PM - 4:30PM	28 FFN: MOVIE NIGHT (I) 4PM - 6PM	



SCARBOROUGH  
CENTRE FOR  
HEALTHY  
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# READING PARTNERSHIP FOR BLACK PARENTS

## FOR CAREGIVERS & KIDS (AGES 4-6)

A FREE **evidence-based** early literacy program that guides caregivers through a **play-based** approach of teaching their children to read.

JOIN US FOR OUR NEXT SESSION THIS SPRING

### ONLINE

Mondays | 5:30PM  
April 8 - June 17

### IN-PERSON

Tuesdays | 5:30PM  
April 11 - June 13  
Willow Park JPS - 45 Windover Dr



SCAN TO APPLY BY MARCH 25, 2024



For more information, contact us at  
**earlyon@schcontario.ca** or call  
Antoinette 647-564-9953  
Kimisha 647-613-2646

# SCHC EarlyON: Parent Education Sessions

## Spring 2024 Schedule

Child and Family Centre  
**EarlyON**

**TORONTO**

**H S**  
**C C**

**SCARBOROUGH  
CENTRE FOR  
HEALTHY  
COMMUNITIES**



**Friday, April 5**

**Topic: Info Session - Mobile Developmental Clinic**

**1:30PM to 2:30PM**

SAAAC Autism Centre



**Wed., April 17**

**Topic: Drop In - Ask a Nurse**

**10AM to 11:30AM**

Toronto Public Health, RN



**Wed., May 15**

**Topic: Infection and Prevention of Illnesses**

**10AM to 11:30AM**

SCHC Community Health Centre Nurse



**Wed., May 22**

**Topic: Stress Management Strategies**

**10AM to 11:30AM**

SCHC Social Worker Student



**Wed., May 29**

**Topic: Infant & Child Safety**

**10AM to 11:30AM**

Toronto Public Health, RN



**Thurs., June 20**

**Topic: Managing Stress in Parents**

**10AM to 11:30AM**

Toronto Public Health, RN



**No registration required, drop-in**

**Location:**

**4110 Lawrence Avenue East, Main Floor**

**For more information:**



**416-847-4150**



**earlyon@schcontario.ca**





# LUNCH & LEARN INFORMATION SESSION

## Mobile Developmental Outreach Clinic (M-DOC)

### About The Program

Are you concerned that your child might be delayed in hitting developmental milestones typical for their age, such as speaking, walking, or socializing?

Development encompasses all the ways your child grows and changes – from learning new skills to expressing emotions and socializing with others.

Our M-DOC Team is here to support you and your child through this journey. We offer dedicated resources and guidance to help you understand and nurture your child's development, ensuring they have the best foundation for a bright future. If you're worried about any aspect of your child's growth, we're here to help.



FRIDAY, APRIL 5TH, 2024



11:00AM - 1:00PM



4110 LAWRENCE  
AVENUE EAST



**REGISTER:**  
[HTTPS://FORMS.OFFICE.C  
OM/R/VVKTZWWDXL](https://forms.office.com/r/vvktzwwdxl)

SCAN ME



416 - 427 - 6781



earlyon@schcontario.ca

# HEWS 2024

(HEALTHY EATING WELLNESS SERIES)

**For families with young children**



Join us to explore healthy eating choices with fun, culturally relevant recipes, and nutritional facts by a Registered Dietician and Health Promotion Specialist.

## MONTHLY, HYBRID SCHEDULE

**WHERE: ONLINE, ZOOM**

**DATES: APRIL 18, JUNE 27**

**TIME: 10:30AM - 11:30AM**

[https://zoom.us/j/5043712076?  
pwd=di9RWi9aZWRXWW5tcnUyMmljYm  
0wZz09](https://zoom.us/j/5043712076?pwd=di9RWi9aZWRXWW5tcnUyMmljYm0wZz09)

**WHERE: 4110 LAWRENCE**

**AVE EAST, IN-PERSON**

**DATE: MAY 31**

**TIME: 4:00PM - 5:00PM**

**MORE DATES TO COME IN SEPTEMBER!**

For more information:

[earlyon@schcontario.ca](mailto:earlyon@schcontario.ca) | 416-847-4150



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EarlyON

Child and Family Centre



# STEAM CLUB FOR KIDS

An online program for children 2-6 years old to educate inquiry-based learning in Science, Technology, Engineering, Arts, and Math through experiments, songs, stories, and a variety of activities.



**When:** Mondays,  
Starting Feb 26th to April 29, 2024  
**Time:** 4:30pm – 5:00pm  
**Location:** Online (Zoom)



**\* USE OF SMART DEVICE OR  
COMPUTER TO JOIN**



**To register and for more information:**

[earlyon@schcontario.ca](mailto:earlyon@schcontario.ca) | 416-454-5547 | 416-847-4150



SCHC'S EARLYON CHILD & FAMILY CENTRE

# PRESCHOOL FUN ENROLLMENT FOR CHILDREN AGES 2 - 4

## WHY US?

Our experienced registered early childhood educators and engaging curriculum offer children the opportunity to learn and grow in a safe, structured nurturing environment. Parents and Caregivers will be involved in parent discussions and education sessions in a separate space to provide independence for their child.

- ✓ Play-based learning
- ✓ Entry to Kindergarten Readiness Summer Program
- ✓ Developmentally appropriate curriculum
- ✓ Child-minding



THURSDAYS  
APRIL 4 - JUNE 29, 2024



9:30AM - 12:00PM



4110 LAWRENCE  
AVENUE EAST, MAIN  
FLOOR

**ENROLL NOW**

**416-847-4150**



**earlyon@schcontario.ca**



SCARBOROUGH  
CENTRE FOR  
HEALTHY  
COMMUNITIES

**EarlyON**

Child and Family Centre

YOUR VOICE MATTERS TO SCHC

# Client Experience Survey

HOW WAS YOUR VISIT TODAY?

Scan the QR Code to let  
us know how we did!

Your feedback is valued  
and appreciated.

Thank you!



SCAN ME



SCARBOROUGH  
CENTRE FOR  
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