

SCARBOROUGH CENTRE FOR HEALTHY COMMUNITIES





OE (OUTDOOR EXPLORE): Explore nature, gardening & participate in physical literacy experiences.

<u>IZ (INFANT ZONE)</u>: Children engage in activities to enhance peer interaction and secure attachment. All ages 0-6 welcome.

*PF (PRESCHOOL FUN): Engage in play-based learning to increase structure in a classroom setting. Child-relief offered 2+, siblings & children 0-6 welcome.

S (STORYTELLERS):

Introduce early literacy skills and engage in a variety of story-time opportunities.

M&M (MUSIC & MOVEMENT):
Participate in songs, rhythm and movement.

*STEAM CLUB (V):

Fun with numbers, math and science in activities such as song, rhyme and literacy. For ages 2-6.

PL (PLAY & LEARN):

Play-based drop-in program providing learning opportunities & experiences.

<u>PCAN (Parent Caregiver Advisory Network):</u> Parents & caregivers provide feedback and ideas to codesign services & programs.

<u>*Tamil Inbam தமிழ் இன்பம்</u> Introduces Tamil language and culture with literacy, song and music activities.

*HEWS (HEALTHY EATING
WORKSHOP SERIES): Focuses on
healthy eating strategies for
children and their caregivers
with SCHC Registered Dietician

FFN: (FAMILY FUN NIGHT): Weekly themes such as Bingo, Lego Challenges and Board Game Night. Light dinner provided. Siblings welcome.

*10N1 (SUPPORT CONSULTATIONS):

Support with referrals to community services and resources. **By appointment.**

PLEASE NOTE: Our EarlyON Centre provides services for families & caregivers with their children 0 - 6. Caregivers must remain onsite & involved. All are welcome. Light snacks provided. We are a Nut-Free environment. (*) means requires pre-registration.

HOURS OF OPERATION:

MONDAYS TO THURSDAYS: 9:30AM-12PM & 2PM-4:30PM FRIDAYS:

9:30AM-12PM & 2PM- 6:00PM

LEGEND:

(V) = VIRTUAL (ZOOM) Click link on program (I) = IN-PERSON/ONSITE

(0) = N-PERSON/ONSITE

Phone: 416-847-4153 416-847-4150

*STEAM CLUB (V)

4:30PM - 5:00PM

MARCH 2024

4:30PM - 5:00PM

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M 1 f 🕨 😉 🜀 in 1 ON 1 (I + V) 10:00AM - 3:00PM FIND US ON SOCIAL MEDIA FFN: **KARAOKE Onited Way** NIGHT (I) Greater Toronto 4:00PM - 6:00PM 7 6 1 ON 1 (I + V) 10:00AM - 3:00PM IZONE (I) 1 ON 1 (I + V) 10:00AM - 3:00PM 9:30AM - 12:00PM 9:30AM - 12:00PM 9:30AM - 12:00PM *PRESENTATION: PCAN(I) CHILDHOOD 10:00AM - 11:00AM 2:00PM - 3:00PM **VACCINES (I)** M&M (I) 4:30PM - 5:30PM PL (1) 3:00PM - 4:30PM 2:00PM - 4:30PM **FFN: COLOURING** *STEAM CLUB (V) *TI (V) CONTEST (I) 4:30PM - 5:00PM 4:30PM - 5:00PM 4:00PM - 6:00PM 12 15 11 13 CRAFT DAY (I) 14 1 ON 1 (I + V) 10:00AM - 3:00PM 1 ON 1 (I + V) PL (I) 9:30AM - 12:00PM IZONE (I) 9:30AM - 12:00PM 10:00AM - 3:00PM 9:30AM - 12:00PM **OE** (**O**) *WEAR GREEN DAY! *CUPCAKES & 2:00PM - 4:30PM **SMOOTHIES** HOT CHOCOLATE & PANCAKES (I) **EVENT (I)** *SUNSHINE DOGS REGISTRATION *STEAM CLUB (I) REGISTRATION 10:00AM - 12:00PM 2:00PM - 4:30PM 2:00PM - 4:30PM 2:00PM - 4:30PM 19 21 22 18 1 ON 1 (I + V) 10:00AM - 3:00PM IZONE (I) 9:30AM - 12:00PM 1 ON 1 (I + V) 10:00AM - 3:00PM 9:30AM - 12:00PM PL (I) 9:30AM - 12:00PM 2:00PM - 3:30PM **OE** (O) FFN: MOVIE 3:30PM - 4:30PM 2:00PM - 3:00PM NIGHT (I) *STEAM CLUB (V) 4:30PM - 5:00PM M&M (I) 4PM - 6PM 3:00PM - 4:30PM 4:30PM - 5:00PM 26 27 25 29 28 IZONE (I) PF (I) 9:30AM - 12:00PM 1 ON 1 (I + V) 10:00AM - 3:00PM **GOOD FRIDAY** 9:30AM - 12:00PM 9:30AM - 12:00PM PL (I) 2:00PM - 3:30PM CENTRE CLOSED 2:00PM - 3:00PM **OE** (O) M&M (I) 3:00PM - 4:30PM 3:30PM - 4:30PM

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