

WINTER 2023 - 2024

# SCHC EARLYON

CHILD AND FAMILY CENTRE NEWSLETTER



Hello Winter! ❄️

Our EarlyON is missing the heat and reminiscing on our exciting Summer Outings and community visits.

Also, it is that time of year! Flu season 😊 Please stay home if you or your child is not well. [View our illness policy here.](#)

If possible bring indoor shoes as we get more snowy & muddy weather.

Lastly, we sincerely wish all a very happy holiday season. Let's bring joy and peace for 2024! 🎉 Thank you!

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YOUR VOICE MATTERS TO SCHC

# Client Experience Survey

HOW WAS YOUR VISIT TODAY?

Scan the QR Code to let  
us know how we did!

Your feedback is valued  
and appreciated.

Thank you!



SCARBOROUGH  
CENTRE FOR  
HEALTHY  
COMMUNITIES

# தமிழ் இன்பம்

## TAMIL INBAM

An online program for Tamil families with children 0-6 years of age to introduce Tamil language & literacy activities through stories and songs. This program will start on Thursday, September 21st, 2023.

**When:** Thursday's

**Time:** 4:30PM-5:00PM

**Location:** Online(Zoom)

**Register at** [earlyon@schcontario.ca](mailto:earlyon@schcontario.ca)

**Contact Karuna at 416-847-4150 for more information**

**\*MUST HAVE USE OF A SMART DEVICE OR COMPUTER TO JOIN\***



SCARBOROUGH  
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EarlyON

Child and Family Centre



# Guest Spotlight: Mesloh Village

## For Black families with young children

# UNMOJA

## SOCIAL

- AGENDA:**
- 20-min discussion
  - Learn about Mesloh Village Services
  - Supports for children with Autism
  - Receive culturally responsive strategies, tips and resources



**Where:** 4110 Lawrence Ave East, Program Room

**Time:** 5:30PM - 7:30PM

**Date:** Monday, November 27, 2023

**What :** This year-end session will be a registered gathering. Program created by Black families for Black families to enjoy food, culture, peer support and empower one another as we emphasize belonging. Child-minding offered and Presto 1-way tickets available.

**REGISTRATION  
CLOSED**



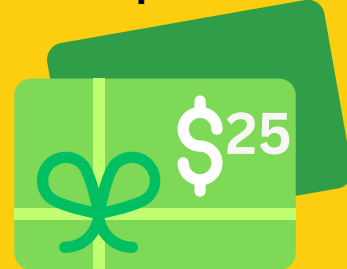
**FOR MORE INFORMATION**  
[earlyon@schcontario.ca](mailto:earlyon@schcontario.ca)  
Muna 647-613-2646  
Chanel 647-564-9953

# HEWS (HEALTHY EATING WELLNESS SERIES)

For families with young children



Chance to win gift card when feedback form completed!



Join us to explore healthy eating choices with fun, culturally relevant recipes & nutritional facts by a registered dietician & registered educators.

## MONTHLY, HYBRID SCHEDULE

**WHERE: ONLINE, ZOOM**

**DATES: Oct 5, Dec 7, Feb 1, Apr 4, June 6**

**TIME: 10:00AM - 11:00AM**

**WHERE: 4110 Lawrence Avenue East, In-person**

**DATES: Nov 3, Jan 5, March 3, May 3**

**TIME: 4:00PM - 5:00PM**

**REGISTER:**

[earlyon@schcontario.ca](mailto:earlyon@schcontario.ca)

