

Hospice Psychosocial Spiritual Care



What is PSSC?

A vital component of Hospice Palliative Care, psychosocial spiritual care provides assessment and carefully planned provision, documentation and referral for clients' emotional, social, and spiritual needs through "a process of actively listening to the client's story" within larger stories around them of family, community, culture or faith identity.

"Spiritual care is not an optional extra for the dying" ~Dr. Cicely Saunders

The **Psychosocial Spiritual Care coordinator** is a regulated health professional delivering non-diagnostic assessment, treatment planning and supportive care for clients and designated families/caregivers/SDM, including:

- End of life emotional, social &/or spiritual support and counselling for clients or family members/friends on referral
- Assistance in facilitating interpersonal communications within family system
- Liaising with client and family's identified faith or cultural leaders and communities
- Referral to appropriate interdisciplinary health practitioners and programs
- Coordination of additional community supports, including hospice volunteers
- Assistance and referrals in legacy and memorial planning
- Resource planning for active dying & post-death care of client & family
- Bereavement referral for follow-up continuity of care

Psychosocial spiritual care assists the client and/or family/caregivers to make their own meaning from experiences of life-limiting illness and suffering. The assessment process identifies the client's important relationships, worldview, belief system, symbols, stories or rituals that provide meaning. In collaboration with the client/family, the PSSC explores: hopes and fears regarding the present and future; affirmation of life and worth by encouraging recollection for life review; and integrating immediate concerns within their larger existential questions in relating to life, death and suffering and resilience.

CONTACT

Program Coordinator
pssc@schcontario.ca

ELIGIBILITY

Who can access this service?

- *Anyone over 18 years of age*
- *Residing in Scarborough*
- *With a diagnosis of a life-limiting illness*

LOCATIONS

Clients can be seen in the home or at our
Brimley/Eglinton offices.

VOLUNTEERING WITH SCHC

Contact the Coordinator of Volunteer
Engagement at
416-847-4127 OR
volunteerprogram@schcontario.ca