



Day Hospice Group



What is a Day Hospice Program?

For people experiencing living with a life-limiting illness, it can seem like a never ending series of appointments, treatments and caregivers flowing in and out of one's home. The illness takes over; it becomes a way of life; it becomes a new identity. One of the best gifts we can offer is a "day off from illness".

This day gives a weekly change to the regular routine—offering entertainment, fun, laughter, therapeutic specialists and a place to share with others who are traveling a similar journey. Day Hospice helps individuals to continue to find meaning, purpose and promotes quality of life by supporting the unique needs of each participant. We provide a positive and welcoming place, respecting the choices and wishes of participants in a safe, confidential, judgement-free environment where folks can just "be" with what is.

Who can participate?

- Anyone living with a life-limiting illness
- Is 18 years of age or older
- Lives in Scarborough
- Is independent with activities of daily living

Who runs the program?

This program is run by the Hospice Palliative Care coordinator and professionally trained volunteers.

The program is funded by the CELIHN and is free for eligible participants

Live. Laugh. Love.

Connect with others who are living with a life limiting illness, enhance quality of life by celebrating each day to the fullest, empower through engagement in meaningful activities like legacy work, and provide respite for caregivers. We provide on-line mutual support in a group setting.



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