

TAMIL CAREGIVER WELLNESS SUPPORT GROUP

A safe place to meet and connect with other caregivers, learn coping strategies, resources, education, and receive formal and informal support.



 First Tuesday of every month until December

 629 Markham Road, Unit 2

 2:00pm - 3:30pm

For Tamil caregivers
and seniors

To register, call **416-948-6948** or
email djayapathy@schcontario.ca

 SCARBOROUGH
CENTRE FOR
HEALTHY
COMMUNITIES