

If you have any questions about a session or need more information on a topic, please reach out to us at astephen@schcontario.ca
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Title	Date of recording
Good Medication Management Shagini Nithianandarajah, Register Nurse SCHC	April 2022
An introduction to Family Council Cathleen Edwards, Family Councils Ontario	March 2022
Retirement Homes: What you need to know Phil Norris, Retirement Home Regulatory Authority	February 2022
Care Partner Stress and Building Resilience With Kimberly Panditharatne, MSW, Alzheimer Society Toronto	January 2022
Dementia 101 With Kimberly Panditharatne, MSW, Alzheimer Society Toronto	December 2021
Power of Attorney for caregivers With Clara McGregor from Advocacy Center for the Elderly	November 2021
Being an advocate for someone you care about in the health care system With Jan Haskings-winner and Sangeetha Navaratnam.	October 2021
Home Safety and Assistive Devices With Archana Bhuvitharan , OT Reg. SCHC	September 2021
Advance Care Planning With Megan Rochford RSW, MSW	August 2021
Mindful Eating for Caregivers New Year Theme With a dietitian and food demo	January 2021
Celebrating Special Occasions With Alzheimer Society Toronto RSW	December 2020
Cultivating an Attitude of Gratitude in Caregiving With Brenda Davie, Care Coordinator	October 2020
Memorable and Meaningful Moments in Dementia With Chantel Costa Recreation Therapist	September 2020
Mindfulness for Caregivers With Ekta Hattangady RSW, MSW	July 2020
Emotional Wellbeing and Caregiver Coping during Covid-19 With Erin Hawker-Budlovsky RSW, MSW	June 2020
Safe and Savvy webinar: Strategies and tools to support a	May 2020

Archived Caregiver Wellness Webinars

<u>person with dementia to live better at home</u> With Ron Beleno, Caregiver Advocate	
<u>Re-Approaching Behaviours in Dementia</u> With Joanne Tandoc, Caregiver Wellness Coordinator	May 2020
<u>Caregiver Wellness during Unprecedented Times</u> With Joanne Tandoc, Caregiver Wellness Coordinator	April 2020